



24th Annual

JUST MOVE IT

It's up to you!

**Crownpoint Just Move It Series
2019 Family Fun Runs & Walks**

CHAPTER/LOCATION	DATE	REGISTRATION TIME	START TIME
Pueblo Pintado Chapter*	May 07, 2019	8:00 AM	9:00 AM
Ojo Encino Chapter*	May 08, 2019	8:00 AM	9:00 AM
Standing Rock Chapter*	May 09, 2019	9:00 AM	10:00 AM
Torreon Chapter*	May 10, 2019	9:00 AM	10:00 AM
Baca Chapter*	May 14, 2019	8:30 AM	9:00 AM
Lake Valley Chapter*	May 17, 2019	8:30 AM	9:30 AM
Ramah Navajo Chapter	May 21, 2019	4:30 PM	5:30 PM
Counselor Chapter*	May 29, 2019	10:00 AM	11:00 AM
To'Hajiilee, New Mexico (To'Hajiilee Diabetes Program)	May 30, 2019	7:00 AM	8:00 AM
Cuba, New Mexico (Fisher Trail - Cubita Road)	June 01, 2019	8:45 AM	9:00 AM
Alamo Community Wellness Center	June 05, 2019	5:00 PM	5:30 PM
Albuquerque, New Mexico (Netherwood Park)	June 08, 2019	8:45 AM	9:30 AM
Whitehorse Lake Chapter*	June 11, 2019	5:30 PM	6:30 PM
Thoreau Chapter*	June 13, 2019	5:30 PM	6:30 PM
Casamero Lake Chapter*	June 20, 2019	5:30 PM	6:30 PM
Grants, New Mexico - City of Grants Recreation Dept. (Future Foundations Family Center)	June 22, 2019	7:00 AM	8:00 AM
Smith Lake Chapter*	June 25, 2019	5:30 PM	6:30 PM
Mariano Lake Chapter*	June 27, 2019	5:30 PM	6:30 PM
Laguna Pueblo, NM (K'awaika Center)	June 30, 2019	8:30 AM	9:00 AM
Littlewater Chapter*	July 09, 2019	5:30 PM	6:30 PM
Nahodishgish Chapter*	July 11, 2019	5:30 PM	6:30 PM
Whiterock Chapter*	July 16, 2019	5:30 PM	6:30 PM
Acoma, NM (Community Track & Field)	July 17, 2019	4:45 PM	5:00 PM
Becenti Chapter*	July 18, 2019	5:30 PM	6:30 PM
Crownpoint, New Mexico (Location TBA)*	July 25, 2019	5:00 PM	6:30 PM

***Includes a Community Health Fair**

Please eat a healthy snack before JMI, wear comfortably fitting shoes, a hat and bring water

For more information, contact the Division of Public Health at (505) 786-6321/6240